

2018 Packing List

○ Bible, journal, and pen or pencil

- Batteries for anything you may need. You will not want to purchase batteries there.
- One Piece Bathing Suit (for girls)– ask team leader if you will be swimming
- Detergent for Hand Washing Clothes in sink if you want
- Family Pictures – People love to see them. Photos on your phone are fine.
- Snack Food – Granola Bars, Trail Mix,, Dried Fruit, gum, candy
- Hand Sanitizer
- Sunscreen

○ Insect Repellent with Deet

- You will not need to bring sheets or towels. If you use a washcloth you will need to bring it.
- Zip Lock Bags – good for packing wet items
- Plastic grocery bags – good to have for trash, supplies...etc
- Flashlight – small one if you don't have one on your phone
- Headphones & music on phone or other device
- Toiletries – Pack in your checked bag please – if you are not taking a checked bag please make sure your toiletries are compliant with carry on limits
- Fully enclosed Tennis Shoes or Boots to work in
- Cloth shopping bag/tote bag, duffel bag or backpack to carry items during day
- Hat if you will be outside and want one

○ Water Bottle

- Lip Balm

○ Rain Jacket

- Medicines – Prescriptions to last you for the trip. Pack in carryon

○ Passport and one copy of it

- Modest pajamas. You will be sleeping on the same floor as the opposite sex.
- Running type shorts and leggings are fine for sleeping – not okay for during the day.
- Most people prefer to wear jeans and tshirts during the day. It can get cool in the evenings.
- Knee length shorts are fine for workdays and outside activities with kids. Sports shorts are fine for those participating in sports camps

- Bring one nice outfit for church. Skirts or dress pants for women. Nice jeans or khakis and collared shirt for men. Ask your team leader if this is needed
- No tank tops for men or women.

Packing Tips

The airlines are charging \$25 for each checked bag – each way. Therefore, we will limit the number of checked bags that we will take.

You will pack all personal items in your carry on and backpack. Toiletries and one pair of shoes can be packed in a checked bag that you will share with other team members. Your team leader will coordinate this. Share items like hair dryers, curling iron, etc. with others on the team.

- Pack liquids in Ziploc bags and tape down lids.
- You can wear work clothes more than one day.
- Jewelry and anything flashy needs to stay home.
- Consider only bringing one credit card. Call company ahead of time to let them know you will be out of the country.
- Bring cash for spending money. Bring clean, crisp, newer bills. (50's and 100's) Don't bring 20's. No travelers checks please. Make sure you have cash for your free day expenses.
- Wear your boots or tennis shoes on the plane to save space and weight.